



Bubbles Everywhere

Therapy Focus 1 • Occupational Therapy
Skill • grabbing/clapping/poking/flicking bubbles

Therapy Focus 2 • Speech Therapy
Skill • blowing bubbles

Song Inspiration

All children love bubbles! Many OTs and SPs that I have worked with over the years have used bubbles to motivate our special children. When I first wrote this song, we used to blow the bubbles by mouth. I would have 2 or 3 parents helping as well. I have to say that we were nearly hyperventilating by the end of the song! Then we discovered Bubble Machines and the song took on a life of its own...

Teaching Suggestions

We finish almost every music session with this song. It's definitely a favourite amongst our students. We've even had 12 year old mainstream boys participating in this activity! Keep the Bubble Machine up high and walk around the room. This stops the congestion of the children trying to get the bubbles. We use scented bubbles (strawberry, chocolate, bubble gum) as another sensory stimulant.

Verse 1 - grabbing the bubbles. Alternate hands.

Verse 2 - clap the bubbles. High and low. Try clapping eg. under their knee.

Verse 3 - poke individual fingers. Get fingers to 'meet' in the middle of a bubble. A real challenge!

Verse 4 - flicking the bubbles. Individual fingers or the whole hand. Alternate hands.

Verse 5 - blowing the bubbles. Hands behind back. Blow to the sky (stops the 'spitting'!)

Verse 6 - jumping on the bubbles. Fast. A physio skill thrown in for fun!



Leonie, Brendan, Tayah, Jayden, Lily and Emily poking bubbles